



TEMPLE.AI KNOWLEDGE BASE · VOLUME V

WOMEN'S WELLNESS & SACRED FERTILITY

*Ancient Temples for PCOD · PCOS · Hormonal Imbalance · Infertility &
Childbirth Blessings*

🌸 Garbharakshambigai — Thirukarukavur

🐉 Kukke Subramanya — Karnataka

🌺 Santhana Gopala — Palakkad Kerala

🏛️ Chengannur Mahadeva — Kerala

🌿 Mannarasala Nagaraja — Kerala

TEMPLE.AI

AI-powered sacred guidance for devotees seeking divine healing & blessings

PURPOSE & SCOPE

This volume is the fifth in the temple.ai Knowledge Base series — a living collection of AI-curated sacred wisdom designed to help devotees find the right temple, the right ritual, and the right divine grace for their deepest life challenges.

This edition focuses on **women's reproductive wellness, fertility, childbirth, and hormonal balance** — conditions that have been addressed by India's sacred traditions for millennia, long before modern medicine named them.

THE SHAKTI PRINCIPLE — DIVINE FEMININE AS HEALER

Hindu tradition recognizes that *Shakti* — the divine feminine principle — governs all creation, fertility, and life cycles. When a woman's body faces imbalance, it is often understood spiritually as a disruption of *Apana Vayu* (the downward life force governing reproduction), or the presence of *Sarpa Dosha* (ancestral serpent karma) obstructing progeny. These specific temples carry the energetic signature to realign these forces.

PRIMARY SOURCE

Research for this series draws primarily from the teachings of **Sri K. Nanda Kishore**, Abhyudaya Foundation, whose YouTube channel documents firsthand testimonials and temple protocols. Additional sourcing from official temple websites, HR&CE Tamil Nadu records, and verified devotee accounts.

CONDITIONS COVERED IN THIS VOLUME

- **PCOD / PCOS** — Polycystic ovarian conditions, irregular cycles
- **Hormonal Imbalance** — Estrogen/progesterone disruption, thyroid-linked irregularities
- **Infertility** — Primary and secondary infertility in couples
- **Marriage Delays** — Horoscope doshas affecting marriage timing
- **Miscarriage Risk** — Protecting pregnancy through specific rituals
- **Safe Delivery** — Blessings for uncomplicated childbirth
- **Progeny Blessings** — For couples seeking children

HOW TO USE THIS DOCUMENT

Each temple section contains: **spiritual significance** → **key rituals** → **devotee testimonials** → **practical visiting information** → **how to reach**. Use the temple.ai Q&A section at the end for AI-guided recommendations matching your specific situation.

✨ *This is a living document. Content is updated as new temples, rituals, and testimonials are verified by the temple.ai research team.*



"Shakti is the source of all creation. When the divine feminine is unbalanced — in nature or within us — life pauses. These sacred spaces restore Her balance."

— temple.ai Wisdom Series

AYURVEDIC & VEDIC VIEW OF WOMEN'S HEALTH

Ancient Indian medicine (Ayurveda) and Vedic astrology have always recognized that women's reproductive health is governed by three interconnected forces:

APANA VAYU

The downward life force governing menstruation, conception & delivery. Disruption causes PCOD, irregular periods, infertility.

SARPA DOSHA

Ancestral serpent karma — believed to obstruct progeny, cause miscarriage, delay marriages. Healed at Kukke & Mannarasala.

SHAKTI IMBALANCE

Pitta-Kapha imbalance in the reproductive system maps to hormonal disruption. Goddess temples restore Shakti equilibrium.

WHY THESE SPECIFIC DEITIES?



Goddess Parvati (Garbharakshambigai form) — The divine mother who specifically governs womb protection. Her name literally means "Mother who guards the womb." Praying to Her in Thirukarukavur is considered the most direct approach for PCOD, infertility, and pregnancy safety.



Lord Subramanya (Serpent Lord) — As Sarpa Raja (King of Serpents), He governs serpent energy in the universe. Sarpa Dosha — one of the most common astrological afflictions — is considered a primary spiritual cause of infertility and progeny-related suffering. Kukke Subramanya is the supreme locus for resolving this.



Lord Krishna (Santhana Gopala form) — Krishna in His Gopala form specifically governs the boon of progeny. Vedic tradition holds that invoking Santhana Gopala through the 48-day vrata can remove karmic blocks to conception.



Ardhanareeswara at Chengannur — The only major temple where the Goddess is honored in Her menstrual cycle — making it a sacred space where the feminine biological rhythm is treated as divine, not taboo. Women with cycle-related disorders (PCOD, amenorrhea) are particularly drawn here.



Nagaraja at Mannarasala — The female-priestessed serpent shrine in Kerala, where turmeric paste blessed by the Amma (head priestess) is given for infertility. The maternal energy of this shrine is considered exceptionally potent for childless couples.

ARULMIGU GARBHARAKSHAMBIGAI TEMPLE

"The Divine Mother Who Guards the Womb"

📍 Thirukarukavur, Papanasam Taluk, Thanjavur District, Tamil Nadu — 7th Century CE, Chola Era

PRIMARY TEMPLE

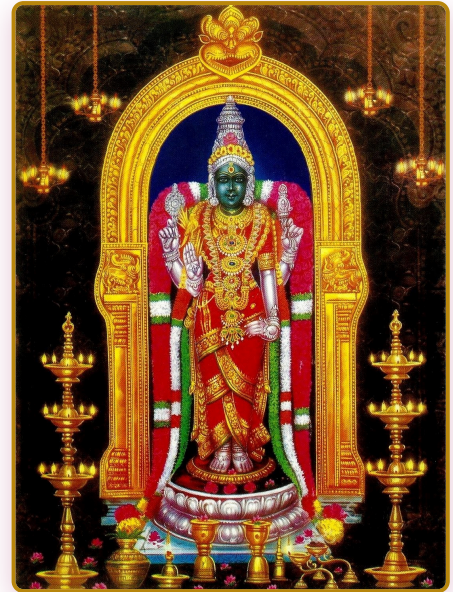
7TH CENTURY

The Garbharakshambigai

Temple in Thirukarukavur stands as India's most revered sacred sanctuary for women's reproductive wellness. Devoted to Goddess Garbharakshambigai — a powerful form of Goddess Parvati — the temple's very name carries its divine mission: *Garba* (womb), *Raksha* (protect), *Ambigai* (Divine Mother).

Built during the Chola period over 1,000 years ago, the temple's presiding deities are **Goddess Garbharakshambigai** and **Lord Mullaivananathar** (Shiva). Together, they form the complete divine union governing fertility and creation. The temple is located 20 km from both Thanjavur and Kumbakonam, making it accessible from major South Indian cities.

Today, devotees from across India — including large numbers from North India — and from abroad (USA, Canada, Japan, UK) travel to this small Thanjavur district village, united by one prayer: the blessing of a child or a healthy pregnancy.



Arulmigu Garbharakshambigai Amman
Official Image — garbarakshambigaitemple.com

THE SACRED LEGEND

A pregnant woman named **Vedhikai** was cursed by a sage, endangering her unborn child. In desperation, she prayed to the Goddess at this sacred spot. Moved by her devotion, Goddess Parvati manifested as Garbharakshambigai and personally protected and preserved the unborn child. The temple has since become the divine refuge for all mothers and mothers-to-be.



Sri Mullaivananathar Shiva Lingam
Official Image — garbarakshambigaitemple.com

THE GHEE PRASADAM PROTOCOL — 48-DAY CONCEPTION MIRACLE

The temple's most celebrated offering is the **blessed ghee prasadam** — small quantities of cow's ghee placed at the feet of the Goddess and charged with mantras by the temple priests. Countless couples from across India have reported conception after following this 48-day protocol faithfully.

🌸 48-DAY GHEE PRASADAM PROTOCOL (FOR CONCEPTION)

- 1 Visit the temple and obtain the **Ghee Prasadam** from the temple counter (or via HR&CE official portal for those unable to visit).
- 2 Mix a small portion of blessed ghee with a **larger quantity of pure cow's ghee** purchased from outside.
- 3 Both husband and wife consume the ghee mixture **daily before bedtime** for 48 consecutive days.
- 4 Chant the prescribed **Garbharakshambigai mantra / sloka** daily while consuming the ghee.
- 5 Upon successful conception and delivery, return to the temple to place the child in the **Thanga Thottil (Golden Cradle)** as thanksgiving.

RITUAL / OFFERING	PURPOSE	WHO PERFORMS	NOTES
Ghee Prasadam	Conception blessing	Both partners	48-day daily protocol; charged with mantras
Castor Oil Prasadam	Safe pregnancy & delivery	Pregnant women	Applied to abdomen; blessed by temple priests
11-Lamp Offering	Praying for conception	Childless couples	Specific arrangement at sanctum
5-Lamp Offering	Safe delivery	Pregnant women	Performed facing the Goddess

Nei Abhishekam	Womb protection	Any devotee	Ghee anointing of deity; powerful for PCOD healing
Vibhuti Abhishekam	General wellness	Any devotee	Holy ash anointing of Mullaivananathar Lingam
Thanga Thottil	Thanksgiving — after childbirth	Parents with newborn	Baby placed in golden cradle; Annadanam performed
Thulabharam	Thanksgiving	Mother & child	Weighing against offerings — rice, flowers, fruits

“

"After 6 years of trying and 2 failed IVF cycles, a colleague mentioned this temple. We visited, got the Ghee Prasadam, followed the 48-day protocol faithfully. On the 52nd day, the pregnancy test was positive. Our son is now 3 years old. We went back to place him in the Thanga Thottil — the priests remembered us."

— Devotee family from Hyderabad (verified testimonial, garbarakshambigai.org)



LOCATION

Thirukarukavur, Papanasam Taluk, Thanjavur Dist.,
Tamil Nadu — 614 206



TIMINGS

5:30 AM – 12:30 PM | 4:00 PM – 8:00 PM (Daily)



NEAREST AIRPORT

Tiruchirappalli (Trichy) — 60 km; Cab to Thanjavur,
then 20 km to temple



NEAREST RAILWAY

Kumbakonam Railway Station — 20 km; Auto/cab
available to temple

KUKKE SRI SUBRAMANYA TEMPLE

"Where the Serpent Lord Dissolves All Sarpa Dosha"

📍 Subramanya Village, Dakshina Kannada District, Karnataka — Banks of Kumaradhara River

SARPA DOSHA

INFERTILITY

MARRIAGE DELAYS

Nestled in the

verdant forests of Dakshina Kannada on the banks of the sacred Kumaradhara River, Kukke Sri Subramanya Temple is one of India's most powerful healing sanctuaries for couples facing infertility, marriage delays, and chronic life obstacles rooted in *Sarpa Dosha*.

Lord Subramanya (Kartikeya / Murugan) is worshipped here in His role as **Sarpa Raja** — the supreme lord of all serpents. According to temple legend, Lord Subramanya personally protected the divine serpent **Vasuki** at this spot, making it the most potent locus in the world for serpent-related atonement and healing.

THE SARPA DOSHA CONNECTION TO FERTILITY

In Vedic astrology, **Sarpa Dosha** — caused by the karmic debt of harming serpents in past lifetimes — is considered one of the primary spiritual causes of:

- Primary and secondary infertility in couples
- Unexplained pregnancy loss / recurrent miscarriage
- Persistent marriage delays and compatibility issues
- Chronic illnesses and financial instability

The two specialized rituals at Kukke — **Sarpa Samskara Puja** and **Ashlesha Bali** — are among the most comprehensive Sarpa Dosha remedies in the entire Hindu tradition.

HOLY DIP — KUMARADHARA RIVER

Before entering the temple, devotees are required to take a **ceremonial holy dip** in the Kumaradhara River — a purification that removes accumulated negative karma before approaching the deity.



Lord Subramanya adorned with flower offerings during live Puja — Kukke Subramanya Temple

RITUAL	DURATION	BEST TIME	PRIMARY PURPOSE	PARTICIPANTS
Sarpa Samskara Puja	2 days	Any auspicious day; advance booking required	Full Sarpa Dosha resolution — infertility, marriage delays, obstacles	Max 4 people per session
Ashlesha Bali	Half-day	Ashlesha Nakshatra day only (monthly)	Naga Dosha, Kaal Sarpa Dosha, Kuja Dosha mitigation	Couple or individual

SARPA SAMSKARA PUJA — THE 2-DAY RITUAL



PROTOCOL FOR SARPA SAMSKARA (2 DAYS)

- 1 Day 1 Morning:** Holy dip in Kumaradhara River. Report to temple in clean, washed cotton clothes (dhoti for men, saree for women). No non-veg food, alcohol, or smoking during the entire 2-day period.
- 2 Day 1:** Serpent idol offerings, purification rites, and mantra chanting performed by the temple priests. Devotees participate in the formal sankalpam (vow).
- 3 Day 2 — Havan:** A snake effigy crafted from wheat flour is offered to the sacred fire — symbolically performing the "last rites" for any serpent harmed in past lifetimes. This dissolves the karmic debt.
- 4 Completion:** Prasadam received. Devotees are advised to maintain spiritual discipline for 41 days after the ritual.

ASHLESHA BALI — THE NAKSHATRA RITUAL



WHEN & HOW — ASHLESHA BALI

- **Timing:** Must be performed specifically on **Ashlesha Nakshatra** days (once per month). Most auspicious months: Shravan, Kartik, Margashira.
- **Sessions:** Two daily slots — **7:00 AM** and **9:15 AM**
- **Procedure:** Serpent-shaped rangoli created; *Sarpa Sooktam* mantras chanted; Naga Devatas appeased through offerings
- **Prasadam:** Blessed coconut sweets — to be consumed before any other food on that day
- **Booking:** Advance booking mandatory via official temple website: kukkesubramanyatemple.com



"My horoscope had severe Kaal Sarpa Dosha. Married 7 years with no children despite all tests being normal. We performed Sarpa Samskara at Kukke in 2019. My wife conceived naturally within 4 months. Our daughter is now healthy and thriving."

 LOCATION

Subramanya Village, Dakshina Kannada District,
Karnataka — 574 238

 NEAREST AIRPORT

Mangalore International Airport — 100 km |
Bengaluru — 350 km (road/rail)

 NEAREST RAILWAY

Subramanya Road Railway Station — 7 km
(Mangalore–Bengaluru line)

 SACRED RIVER

Kumaradhara River — ceremonial dip mandatory
before temple entry

TEMPLE 03 OF 05 · SECRET TEMPLE · KERALA

SRI SANTHANA GOPALAKRISHNA SWAMI TEMPLE

"Lord Krishna's Boon for Progeny — Palakkad's Hidden Grace"

📍 Valiyapadam, Palakkad District, Kerala — Sacred to Santhana Gopala (Krishna as Progeny-Giver)

SECRET TEMPLE

PROGENY BLESSINGS

Hidden in the lush landscape of Palakkad, Kerala, the Sri Santhana Gopalakrishna Swami Temple is known among devotee communities through word-of-mouth — not widely publicized, yet frequented quietly by childless couples who have received miraculous blessings.

The presiding deity is **Lord Krishna in His Santhana Gopala form** — holding a child, with the specific divine role of granting the boon of progeny to devotees. The *Santhana Gopala Puja* performed here is an ancient Vedic rite that removes karmic blocks to conception, prevents miscarriage, and ensures the birth of a healthy, virtuous child.

👶 SANTHANA GOPALA DEVOTEE PROTOCOL — 48-DAY VRATA

- 1 Visit the temple and take a formal **Sankalpam** (divine vow) before Lord Santhana Gopala. Obtain a small silver or gold cradle from the temple.
- 2 For **48 days at home**: Place the small cradle in your puja room. Chant the Santhana Gopala mantra (OM Sreem Hreem Kleem Glaum Devakisuta Govinda...) daily.
- 3 Visit the temple on an **auspicious Saturday or Sunday** — offer fruits, flowers, and perform Abhishekam to the deity.
- 4 As a vow — **tie the silver cradle to the temple roof** as a symbolic gesture of inviting the child's soul.
- 5 After successful childbirth — **return with the baby**. Perform Thulabharam or Annadanam (food donation) to complete the vow.

“

"We had almost given up hope after 5 years. A friend mentioned this Palakkad temple — we weren't even sure where it was. We found it, performed the 48-day vrata. Six months later we were pregnant. We named our daughter Gopika."

— Devotee family from Thrissur, Kerala (word-of-mouth testimonial)

📍 LOCATION

Valiyapadam, Palakkad District, Kerala

✈️ NEAREST AIRPORT

Coimbatore International Airport — 55 km | Calicut Airport — 105 km

 NEAREST RAILWAY

Palakkad Junction — 15 km; cab/auto available to temple

 BEST DAYS

Saturday & Sunday most auspicious for progeny-seeking devotees

CHENGANNUR MAHADEVA TEMPLE

"The Temple Where the Goddess Menstruates — Sacred Feminine Honored"

📍 Chengannur, Alappuzha District, Kerala — One of 108 Shakti Peethas

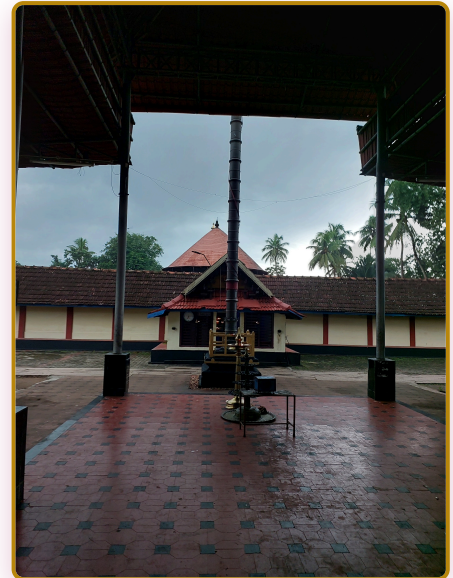
SHAKTI PEETHA

PCOD / MENSTRUAL HEALTH

The Chengannur

Mahadeva Temple is one of the most extraordinary sacred sites in India — and the world. It is the only major Hindu temple where the presiding Goddess is honored in Her **menstrual cycle**, treating the feminine biological rhythm not as taboo, but as a manifestation of divine creative power.

The temple is one of the **108 Shakti Peethas**, with legend holding that the *reproductive organ of Goddess Sati* (Parvati in her previous form) fell at this location. The presiding deities are a **Swayambu Shiva Lingam** (self-manifested, facing East) and **Goddess Parvati as Bhagavathi** (facing West), together represented as **Ardhanareeswara** — the inseparable union of Shiva and Shakti.



*Chengannur Mahadeva Temple
Kerala-style circular sanctum with Dhwajasthamba*

THE TRIPUTHARATTU — SACRED MENSTRUAL RITUAL

Periodically — believed to occur every 3–4 months — signs of menstruation are observed on the Goddess's attire. When this occurs, an elaborate ritual protocol called **Triputharattu** is observed:

› TRIPUTHARATTU — THE SACRED 4-DAY RITUAL

- 1 Days 1–3:** The temple is closed. The Goddess rests. Worship is redirected to a secondary image of the Goddess elsewhere in the complex.
- 2 Day 4 Morning:** Ceremonial purification bath (Arattu) — the Goddess's idol is taken to a nearby river in a sacred procession.
- 3 Day 4 Evening:** The Goddess is dressed in fine silks and jewelry and returned to the sanctum in a grand procession — reunited with Lord Shiva.
- 4 Devotees** — especially women with irregular cycles or PCOD — seek the **Triputharattu cloth** (small piece of the Goddess's ritual garment) as a powerful healing talisman.



WHY THIS TEMPLE FOR PCOD & MENSTRUAL DISORDERS?

When a deity temple honors and celebrates the feminine menstrual cycle as sacred and divine — rather than treating it as unclean — it carries a unique energetic frequency for healing menstrual irregularities. Women with PCOD, amenorrhea (absent periods), dysmenorrhea (painful periods), or hormonal imbalance find spiritual resonance and reported healing at this sacred site. The divine message: *your cycle is sacred, not shameful.*

 LOCATION

Chengannur, Alappuzha District, Kerala — 689 121

 HOW TO REACH

Chengannur Railway Station — 2 km (major line).
Kochi Airport — 85 km via NH-183.

MANNARASALA SREE NAGARAJA TEMPLE

"The Female-Priestessed Serpent Shrine of Infertility Miracles"

📍 Harippad, Alappuzha District, Kerala — Ancient Nagaraja Temple in Sacred Forest Grove

INFERTILITY

FEMALE PRIESTESS

TURMERIC CURE

The

Mannarasala Sree Nagaraja Temple, nestled within a lush sacred forest in Harippad, Kerala, is one of India's most revered serpent shrines. What makes this temple uniquely powerful is not just its divine potency — but its governance: the temple is headed by a **female head priestess (Amma)**, an extraordinarily rare tradition in Hindu temple culture.

The presiding deity is **Sri Nagaraja** — the King of Serpents — worshipped amid thousands of serpent idols distributed throughout the forest grove. The temple spans acres of sacred forest, home to countless serpent images that devotees have installed over centuries of gratitude offerings.



*Sri Nagaraja — adorned with flower offerings
in the sacred forest grove*

Official Image — mannarasala.org

THE AMMA — FEMALE HEAD PRIESTESS

The **Mannarasala Amma** (the current head priestess) comes from the family lineage that has managed this temple for generations. She personally performs the key rituals for childless couples, including the *Uruli Kamarthal*. Her spiritual authority and the temple's feminine energy create a uniquely receptive environment for women's prayers.

THE URULI KAMARTHAL — INFERTILITY RITUAL

The signature ritual for childless couples is **Uruli Kamarthal** — a deeply personal ceremony:

- 1 The couple purchases an earthen pot (*uruli*) from the temple counter.
- 2 The Amma (head priestess) performs special prayers over the pot and for the couple.
- 3 The couple receives blessed **turmeric paste** — believed to possess miraculous properties for healing infertility when applied to the body.
- 4 After successful childbirth — the couple must **return to the temple with their child** to complete the vow and perform thanksgiving rituals.



*Mannarasala Amma — the revered
female head priestess*
Official Image — mannarasala.org

“

"We were childless for 8 years. My mother-in-law suggested Mannarasala. The Amma's presence itself felt healing. We got the turmeric paste, applied it faithfully. The next year, we brought our baby back to the temple as promised — the Amma blessed our child personally."

— Devotee family from Kochi (verified pilgrimage account)

 LOCATION

Harippad, Alappuzha District, Kerala — 690 514

 OFFICIAL WEBSITE

mannarasala.org (temple gallery & information)

 NEAREST AIRPORT

Kochi International Airport — 70 km | Trivandrum —
120 km

 NEAREST RAILWAY

Harippad Railway Station — 3 km
(Thiruvananthapuram–Chennai line)



TEMPLE.AI Q&A

AI-powered answers for your deepest questions about women's wellness & fertility temples

Q I have been diagnosed with PCOD and haven't conceived in 3 years despite medical treatment. Which temple should I visit first?

TEMPLE.AI Begin with **Garbharakshambigai Temple, Thirukarukavur** — it is specifically dedicated to reproductive protection and has the most documented tradition for PCOD-related fertility challenges. Obtain the Ghee Prasadam and follow the 48-day protocol faithfully (both partners). Simultaneously, have your horoscope checked for Sarpa Dosha or Kaal Sarpa Dosha — if present, schedule Sarpa Samskara at **Kukke Subramanya** as a parallel remedy. The combination of Garbharakshambigai + Kukke is considered the most comprehensive two-temple approach for PCOD-related infertility.

Q My horoscope shows Kaal Sarpa Dosha. My astrologer says it is causing my childlessness. Will Kukke Subramanya help?

TEMPLE.AI Yes — Kukke Subramanya is the premier remedy center for Kaal Sarpa Dosha in the Hindu tradition. Perform the **Ashlesha Bali** on the next Ashlesha Nakshatra day (book in advance via kukkesubramanyatemple.com). If your astrologer identifies Naga Dosha in addition to Kaal Sarpa Dosha, the complete **Sarpa Samskara Puja (2-day ritual)** is recommended. After Kukke, visit Mannarasala Nagaraja Temple in Kerala for the Uruli Kamarthal — the two serpent shrines together provide comprehensive Sarpa Dosha resolution.

Q I live in Delhi and cannot travel to Tamil Nadu. Can I get the Garbharakshambigai Ghee Prasadam without visiting?

TEMPLE.AI Historically, third-party services facilitated remote puja and prasadam delivery for North Indian and international devotees. However, the official temple authority (HR&CE Tamil Nadu) has restricted unauthorized third-party prasadam services. **The recommended approach:** (1) Plan a dedicated pilgrimage visit — even a 3-day trip from Delhi via Trichy is very feasible. (2) Check the official HR&CE Tamil Nadu portal for any authorized online seva bookings. (3) In the interim, begin chanting the Garbharakshambigai mantra daily and seek a local priest to conduct a Santhana Gopala Puja on your behalf.

Q My wife has had irregular periods since her teenage years — now PCOD confirmed. Which deity should she specifically pray to?

TEMPLE.AI For irregular cycles and PCOD specifically, there are two primary divine approaches: (1) **Garbharakshambigai, Thirukarukavur** — for hormonal imbalance and womb healing through the Nei Abhishekam ritual; pray specifically for cycle regulation. (2) **Chengannur Mahadeva Temple, Kerala** — uniquely, this Shakti Peetha honors the feminine menstrual cycle as sacred. Women with cycle irregularities find profound spiritual resonance here. Visiting Chengannur and praying at the Ardhanareeswara sanctum, followed by a 40-day vow of worship at home, is a recommended protocol for menstrual health.

Q We have been blessed with a child after visiting Garbharakshambigai Temple. What thanksgiving rituals should we perform?

TEMPLE.AI Return to Garbharakshambigai Temple with your baby and perform these sacred thanksgiving rituals: (1) **Thanga Thottil (Golden Cradle)** — place your newborn in the sacred golden cradle before the Goddess; this is the most significant thanksgiving offering. (2) **Thulabharam** — weigh the baby against rice, fruits, or flowers and offer the equivalent to the temple. (3) **Annadanam** — donate food to pilgrims and the needy at the temple. (4) **Head Tonsuring (Mundan)** — traditionally performed at the temple as a first offering of the child's hair to the Goddess. Completing the vow is considered as important as the prayer itself.

QUICK REFERENCE — TEMPLE MATCHING GUIDE

YOUR SITUATION	PRIMARY TEMPLE	KEY RITUAL	STATE
PCOD / Hormonal Imbalance	Garbharakshambigai, Thirukarukavur	Nei Abhishekam + Ghee Prasadam	Tamil Nadu
Infertility — unexplained	Garbharakshambigai + Kukke Subramanya	Ghee Prasadam + Sarpa Samskara	TN + Karnataka
Kaal Sarpa / Naga Dosha	Kukke Sri Subramanya	Ashlesha Bali / Sarpa Samskara	Karnataka
Seeking Progeny (child)	Sri Santhana Gopala, Palakkad	48-Day Vrata + Cradle Offering	Kerala
Irregular Periods / Menstrual Disorders	Chengannur Mahadeva	Ardhanareeswara Darshan + Triputharattu	Kerala
Sarpa Dosha — infertility / delays	Mannarasala Nagaraja	Uruli Kamarthal + Turmeric Paste	Kerala
Miscarriage risk / safe delivery	Garbharakshambigai, Thirukarukavur	Castor Oil Prasadam + 5-Lamp Offering	Tamil Nadu
Marriage delays (dosha-related)	Kukke Subramanya	Ashlesha Bali on Ashlesha Nakshatra	Karnataka

Disclaimer: The information in this document is compiled from publicly available temple records, official temple websites, devotee testimonials, and spiritual tradition. temple.ai and Omni Neural Nets Pvt Ltd do not make medical claims. Temple rituals are presented as matters of faith and spiritual tradition, not as medical treatment or cure. Devotees are strongly advised to continue their medical care and consult qualified physicians for all health conditions. Individual spiritual experiences vary. All temple information (timings, fees, rituals) should be verified with the respective temple authorities before visiting, as these may change.

TEMPLE.AI KNOWLEDGE BASE SERIES

Vol. I · Education & IT — Hayagriva Temples

Vol. II · Cancer Healing Temples

Vol. III · Mind, Body & Justice

Vol. IV · Migraine & Neurological Relief

Vol. V · Women's Wellness & Sacred Fertility



TEMPLE.AI

Sacred Wisdom. AI Precision. Divine Guidance for Every Devotee.

VOL I Education & IT Jobs — Hayagriva Temples

VOL II Cancer Healing Temples

VOL III Mind, Body & Justice

VOL IV Migraine & Neurological Relief

VOL V Women's Wellness & Sacred Fertility ← **You Are Here**

"Every devotee deserves to find the right temple. temple.ai makes that possible."