

TEMPLE.AI | KNOWLEDGE BASE

Hayagriva Temples Education, IT Jobs & Knowledge Blessings

Research & Knowledge Base

Abhyudaya Foundation

P Nanda Kishore | K. Nanda Kishore Reddy

Temples Covered:

Sri Lakshmi Hayagriva Temple, Tiruvahindrapuram

Sri Yoga Hayagriva Temple, Chettipunyam, Chennai

Sri Lakshmi Hayagriva Temple, Nanganallur, Chennai



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About This Document

This document is prepared as a **Research + Knowledge Base for temple.ai** — an AI-powered temple guidance app. When a devotee asks: *"I need an IT job. I am preparing hard but not getting results. What should I do?"* — temple.ai uses this knowledge base to guide them to the right temples, rituals, and blessings.

Source: Abhyudaya Foundation research by **P Nanda Kishore (K. Nanda Kishore Reddy)**, CEO, Abhyudaya Foundation.

Reference: <https://youtu.be/oxPQoYfeww0>



1. Who Is Lord Hayagriva?

Lord Hayagriva is a horse-headed avatar of Lord Vishnu — the **Jnaanadhipati (Lord of All Knowledge)**. His divine form — the pure white horse head radiating golden light, embodying the Vedas — has been worshipped for millennia by students, scholars, and seekers of wisdom. He is believed to activate intelligence, sharpen memory, and remove the obstacles between effort and achievement.

Domains of Hayagriva's Blessings

- ✦ Education, exams, and academic excellence
- ✦ IT jobs, software careers, and professional growth
- ✦ Communication skills, language power, and presentations
- ✦ Memory, concentration, and intelligence
- ✦ Removing speech problems such as stammering
- ✦ Cracking competitive examinations (UPSC, IIT-JEE, GATE, IELTS)
- ✦ Overcoming distraction, mobile addiction, and lack of focus in children

Hayagriva Mantras

"Om Shri Hayagrivaya Namaha"

"Jnanam Dehi, Smritim Dehi, Vidyam Dehi Namostute"

Most Auspicious Day: Thursdays (Guruvaar) — ruled by Brihaspati (Jupiter), the planet of wisdom, knowledge, speech, and career. Hayagriva, as the Lord of Knowledge, is most accessible and most powerful on this day. Vijayadasami and Saraswati Puja are also considered supremely powerful days for Hayagriva worship throughout India.



2. Temple 1 — Sri Lakshmi Hayagriva Temple, Tiruvahindrapuram

 **Oushadagiri Hill, Thiruvahindrapuram, Cuddalore District, Tamil Nadu**

This ancient shrine, perched atop the sacred **Oushadagiri (Aushada Giri) hillock**, is one of the most spiritually potent Hayagriva worship sites in all of India. The temple is located directly opposite the main **Devanathaswamy Temple** — one of the celebrated *108 Divya Desams* of the Vaishnava tradition — making Thiruvahindrapuram a double-blessed pilgrimage destination.



Sri Lakshmi Hayagriva — Oushadagiri Hill, Tiruvahindrapuram



Devanathaswamy Temple, Tiruvahindrapuram — Main Gopuram

Historical Significance

- ✦ One of the **108 Divya Desams** — the most sacred Vaishnava pilgrimage sites in India
- ✦ The Oushadagiri hill is accessed by **70–75 steps** (a motorable road is also available for elderly devotees)
- ✦ **Vedanta Desika**, the greatest Sri Vaishnava saint-philosopher, meditated here for 40 years and received **Hayagriva Upasana** initiation from Garuda on this very hill — this event makes Tiruvahindrapuram the most historically and spiritually validated Hayagriva worship site in existence
- ✦ Sacred theerthams (holy waters) present: **Garuda Nadi, Sesa Theertham, Chandra Theertham** — offering salt, pepper, and milk in Sesa Theertham is believed to cure ailments of the body and mind
- ✦ The name "Oushadagiri" translates to "Hill of Medicines" — indicating the healing power attributed to this place since ancient times

Rituals & Offerings

How to Worship at Oushadagiri

1. **Aksharabhyasam** (initiation of a child's education) — one of the most auspicious acts performed at this temple
2. Students write their **exam registration numbers on temple walls** while praying for results — a tradition observed for generations
3. **Archana** in the devotee's own name, praying for the specific goal (job, exam, career)
4. Offer **honey** as naivedyam (sacred food offering) to Lord Hayagriva
5. Place **notebooks and pens** at the Lord's feet — symbolizing: "Lord, fill this with your knowledge"
6. Perform **Pradakshina** (circumambulation) around the entire Oushadagiri hill
7. Special visit on **Vijayadasami and Saraswati Puja** days for maximum blessings

Devotee Testimonials & Reported Blessings

- ✦ Students from Kerala and Tamil Nadu visit regularly before board exams and competitive entrance examinations, reporting markedly improved focus, confidence, and results
- ✦ IT professionals and job seekers report receiving unexpected job offers after performing archana here — the temple is considered by many devotees as an alternative to Tirupati for career growth
- ✦ Aksharabhyasam performed at this temple is traditionally believed to bless children with exceptional memory and learning ability throughout their lives
- ✦ Devotees report that visiting on Vijayadasami and offering honey to Hayagriva results in communication and language skills improving significantly within weeks
- ✦ The Sesha Theertham ritual (offering salt, pepper, and milk) is credited by devotees with curing exam anxiety, speech problems, and lack of mental clarity

Temple Contact: 04142-287-515

Administered by: HR&CE Department, Government of Tamil Nadu

Best Days to Visit: Thursdays, Vijayadasami, Saraswati Puja



3. Temple 2 — Sri Yoga Hayagriva Perumal Temple, Chettipunyam (Chennai)

Chettipunyam Village, near Singaperumal Koil & Mahindra World City IT Park, Chennai

This remarkable temple, set in the quiet village of Chettipunyam approximately 3 km from Mahindra World City's gate and 5 km from Singaperumal Koil railway station, has become the go-to spiritual destination for thousands of IT professionals in the Chennai tech corridor. What makes this temple uniquely powerful is the **Sri Yoga Hayagrivar** — depicted in a rare yogic, meditative posture not commonly found in other temples across India.



Sri Yoga Hayagriva Perumal Temple, Chettipunyam, Chennai



Sri Yoga Hayagrivar — unique meditative (yogic) posture, Chettipunyam

Historical & Spiritual Significance

- ✦ Main deity is **Sri Varadaraja Perumal**, with the celebrated shrine of **Sri Yoga Hayagrivar** in a rare meditative yogic posture — a uniquely powerful form
- ✦ Became deeply popular among **IT professionals and software engineers** from Mahindra World City, Cognizant, TCS, and surrounding tech parks
- ✦ Thursdays see a **large influx of working professionals** who offer sweet naivedyam for career success, job interviews, and promotions
- ✦ The sacred **Azhinjal tree** inside the premises — devotees tie cloth to the tree to seek blessings for education, career, and marriage

The Thursday Sweet Prasadam Ritual (Step-by-Step)

Why Thursday? The Planetary Connection

Thursday (Guruvaar) is ruled by **Brihaspati (Jupiter)** — the planet of wisdom, knowledge, speech, and professional success. Hayagriva, as the divine embodiment of Saraswati's wisdom and Lakshmi's abundance, is considered most receptive and powerful on this Jupiter-governed day.

1. Visit the temple on **Thursday morning** (7:30 AM – 12:00 PM preferred)
2. Offer **sweet naivedyam** — payasam (kheer), sweet pongal, or sugar candy — to Yoga Hayagrivar
3. Place your **resume, hall ticket, or pen** at the feet of the Lord while stating your prayer clearly
4. Perform the **Vidya Abhivirathi Sankalpa Archanai** (register in advance at the temple office) — a puja specifically designed for educational and career growth
5. Pray explicitly for interview success, job offers, communication clarity, and career advancement
6. Receive the blessed prasadam and distribute to family members for collective blessings

Testimonials from IT Professionals

- ✦ Software engineers who visit on Thursdays before job interviews report significantly improved clarity, confidence, and successful outcomes
- ✦ Multiple testimonials from Mahindra World City, TCS, and Cognizant employees about promotions and onsite opportunities after regular Thursday visits
- ✦ Devotees report measurable improvement in English communication and presentation skills within 3–6 months of consistent Thursday visits
- ✦ Many career changers (moving from non-IT backgrounds into IT) report receiving unexpected job opportunities after visiting and offering sweet prasadam

- ✦ The "Vidya Abhivirthi Sankalpa Archanai" puja is specifically credited by devotees for cracking difficult technical interviews at top-tier companies

Temple Contact: +91 86751 27999 | +91 99429 93770

Timings: 7:30 AM – 12:00 PM | 4:30 PM – 7:30 PM (Daily)

How to Reach: From Chennai, take GST Road (NH45). At Mahindra World City gate, take the opposite turn into Chettipunyam village. 5 km from Singaperumal Koil railway station.



4. Temple 3 — Sri Lakshmi Hayagriva Temple, Nanganallur, Chennai

📍 No. 10, 2nd Main Road, Nanganallur, Chennai – 600061

Source: *Abhyudaya Foundation* | *P Nanda Kishore Reddy* — YouTube: <https://youtu.be/oxPQoYfeww0>

Located approximately 20 km from Chennai Airport in Nanganallur — an area often called "Chinna Kanchipuram" for its density of over 30 temples — this is the temple most specifically recommended by **K. Nanda Kishore Reddy (CEO, Abhyudaya Foundation)** for students and professionals facing concentration issues, academic struggles, and speech problems. The Palavanthangal railway station is the nearest transit point.

Unique Features

- ✦ The idol is crafted from **Salagrama stone** — an extremely rare, naturally occurring sacred stone considered among the most powerful in Vaishnava worship
- ✦ Unique iconography: **Lakshmi and Hayagriva are depicted embracing each other** — representing the divine union of wealth (Lakshmi) and knowledge (Hayagriva), making this temple particularly powerful for both career and intellectual growth simultaneously
- ✦ Particularly powerful for: **focus and concentration**, academic struggles, speech problems (stammering), excessive mobile/screen addiction in children, and adverse planetary effects on studies
- ✦ As explained by Nanda Kishore: this temple's energy activates "dopamine balance" in the brain — helping students focus and study with sustained attention

Rituals as Recommended by Abhyudaya Foundation

Choose *one* of the following three methods — each is equally powerful:

Method	Description
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108 Pradakshinas	Walk 108 circumambulations around the sanctum — physically active meditation generating strong karmic merit
108 Minutes Meditation	Sit in silent meditation inside the temple premises for 108 continuous minutes — for those who prefer inner stillness
108 Lamps	Light 108 deepam (oil lamps/wicks) at the temple — the light of knowledge dispelling darkness of ignorance

Critical Timing: All rituals must be performed between **7:00 AM and 7:15 AM** — this specific window is identified by Abhyudaya Foundation as the most potent time for Hayagriva worship at this temple.

Offerings

- ✦ Offer a **notebook and pen** at the deity's feet — symbolizing: "Lord, fill this with your knowledge"
- ✦ Offer **honey** as naivedyam (sacred food offering)
- ✦ Light a lamp daily for continuous connection to the divine energy

Home Sadhana — For Those Who Cannot Visit

48-Day Home Practice (Abhyudaya Foundation Recommendation)

If travel to the temple is not possible — due to distance, health, or work schedule — Abhyudaya Foundation recommends this 48-day home practice as equally effective when performed with sincere devotion:

1. Keep a **picture or idol of Lord Hayagriva** at your home puja altar
2. Light a lamp **daily at 7:00 AM** precisely before the idol
3. Recite the Hayagriva mantra **108 times**: "*Om Shri Hayagrivaya Namaha*"
4. Maintain this practice for **48 consecutive days without break** — continuity is essential for the sadhana to bear fruit
5. On Thursdays, additionally offer **honey and a notebook** at the home altar

Temple Timings: Morning: 8:00 AM – 11:00 AM | Evening: 6:00 PM – 9:00 PM

By Suburban Train: Palavanthangal Railway Station (nearest) — 5-min auto/walk

By Road: Well within Chennai city — accessible via all city buses and auto-rickshaws

Note: Nanganallur is called "Chinna Kanchipuram" — over 30 temples in close vicinity



5. How to Reach & Accommodation

Tiruvahindrapuram (Cuddalore)

From Chennai (190 km)

Mode	Route	Duration
Car / Taxi	Chennai → ECR Road → Cuddalore → Tiruvahindrapuram	~3 hours
Bus	Chennai → Cuddalore (SETC/Private) → Local auto to Tiruvahindrapuram	~4–4.5 hours
Train	Chennai Egmore → Cuddalore Port Junction	~3.5–4 hours

Nearest Airport: Pondicherry Airport (25 km) | Chennai International Airport (190 km)

Accommodation Near Tiruvahindrapuram

Hotel	Distance from Temple	Notes
Hotel Vaigai	~5.1 km	Parking available, popular with pilgrims
Yogi Ram Inn	~5.87 km	Good reviews, Wi-Fi, Parking
Hotel Swathi	~5.05 km	Popular pilgrim choice, budget-friendly

For temple dharmasala / pilgrim accommodation: Contact temple directly at 04142-287-515

Yoga Hayagriva Temple, Chettipunyam (Chennai)

Mode	Route	Duration
Car / Taxi	GST Road (NH45) towards Chengalpattu → Mahindra World City gate → turn opposite into Chettipunyam village	~45 min – 1 hour
Train	Chennai Egmore/Central → Singaperumal Koil Station (suburban) → Auto (5 km)	~1–1.5 hours
Bus	Chennai → Chengalpattu route buses → alight at Mahindra World City gate stop	~1.5 hours

Accommodation: Being near Chennai, most devotees visit as a day trip. Budget hotels available at Singaperumal Koil and Chengalpattu (10–15 km away).

Nanganallur Temple (Chennai)

- **By Suburban Train:** Palavanthangal Station → Auto/walk to Nanganallur (5 minutes)
- **By Road:** Well within Chennai city — accessible via all city buses and auto-rickshaws from any part of Chennai

- Being centrally located within Chennai, no overnight accommodation needed



6. temple.ai — Knowledge Base (Q&A Format)

This section is the structured knowledge base for temple.ai app responses. These are the answers temple.ai provides when devotees ask about education, jobs, and career-related divine guidance.

DEVOTEE QUERY

I need an IT job. I am preparing hard but still not getting results. What should I do?

TEMPLE.AI RESPONSE

As per **Abhyudaya Foundation research by P Nanda Kishore**, Lord Hayagriva — the divine Lord of Knowledge and Wisdom — can open doors that hard work alone cannot. Here are three temples specifically powerful for IT job seekers:

- **Sri Yoga Hayagriva Temple, Chettipunyam (Chennai)** — Visit on **Thursdays**, offer **sweet prasadam (payasam or sweet pongal)**, and pray for interview success and career growth. This temple is especially popular among Chennai IT professionals. Contact: **+91 86751 27999**
- **Sri Lakshmi Hayagriva Temple, Oushadagiri Hill, Tiruvahindrapuram** — The most spiritually potent Hayagriva shrine. Place your pen and resume at the Lord's feet. Perform archana. Visit on Vijayadasami for maximum benefit. Contact: **04142-287-515**
- **Sri Lakshmi Hayagriva Temple, Nanganallur, Chennai** — As recommended by Abhyudaya Foundation: Visit at 7:00 AM, perform 108 pradakshinas (or light 108 lamps), offer a notebook and honey. If unable to visit, do the **48-day home sadhana** — light a lamp at 7 AM and chant Hayagriva mantra 108 times daily.

Reference: Abhyudaya Foundation — <https://youtu.be/oxPQoYfeww0>

DEVOTEE QUERY

I am a student struggling with concentration and studies. Which temple should I visit?

TEMPLE.AI RESPONSE

Visit the **Sri Lakshmi Hayagriva Temple, Nanganallur, Chennai** (specifically recommended by Abhyudaya Foundation / P Nanda Kishore for concentration issues). Perform **108 pradakshinas** around the sanctum, or sit in **meditation for 108 minutes** — both to be done specifically between **7:00 AM and 7:15 AM**. Offer a notebook and pen. If you can repeat this for 48 consecutive days, the results are reported to be transformative. If you cannot visit, perform the 48-day home sadhana described in Section 4 above.

DEVOTEE QUERY

I want to improve my communication skills for interviews and presentations. What should I do?

TEMPLE.AI RESPONSE

Visit **Sri Yoga Hayagriva Temple, Chettipunyam** every **Thursday**. Offer sweet prasadam (payasam or sugar candy). Lord Hayagriva is the divine lord of *Vak* (speech) and communication — and Thursday being Jupiter's day makes this combination especially powerful for language, expression, and confident speaking.

Regular Thursday visits for 3 consecutive months are reported by multiple IT professionals to significantly improve spoken confidence, interview clarity, and presentation presence. Contact the temple at **+91 86751 27999** to perform the Vidya Abhivirthi Sankalpa Archanai.

DEVOTEE QUERY

I cannot travel to a temple. How can I worship Hayagriva at home?

TEMPLE.AI RESPONSE

As recommended by **Abhyudaya Foundation (P Nanda Kishore)**, follow this 48-day home sadhana:

- Keep a Hayagriva photo or idol at your home puja altar
- Light a lamp at exactly **7:00 AM daily**
- Chant: "*Om Shri Hayagrivaya Namaha*" — **108 times**
- Continue for **48 consecutive days** without break — continuity is essential
- On Thursdays, additionally offer honey and a notebook at the home altar

This home practice is considered equivalent to temple worship when done with sincere devotion and consistency.

DEVOTEE QUERY

My child is addicted to mobile phones and cannot study. What should I do?

TEMPLE.AI RESPONSE

The **Sri Lakshmi Hayagriva Temple, Nanganallur** is specifically effective for this issue. As explained by Nanda Kishore (Abhyudaya Foundation), the Salagrama stone idol at this temple — which depicts Lakshmi and Hayagriva in an embrace — works specifically on "dopamine balance" in the brain, helping restore natural focus and reducing compulsive screen habits.

Bring the child to the temple between **7:00 AM and 7:15 AM**. Perform 108 pradakshinas together. Offer a notebook in the child's name. Repeat consistently on Thursdays. Supplement with the home sadhana (light lamp + mantra) daily. Results are typically reported within 21–48 days.



7. Summary Table — All Three Temples at a Glance

Temple	Location	Best For	Best Day / Time	Key Offering	Contact
Sri Lakshmi Hayagriva Oushadagiri Hill	Tiruvahindrapuram, Cuddalore, Tamil Nadu	Education, Career, Memory, Aksharabhyasam	Vijayadasami, Saraswati Puja, Thursdays	Honey, Pen & Notebook, Archana	04142-287-515
Sri Yoga Hayagriva Chettipunyam	Near Mahindra Park & IT Hub, Chennai	IT Jobs, Promotions, Communication Skills	Thursday , 7:30 AM – 12 PM	Sweet Prasadam (Payasam), Resume at Feet	+91 86751 27999
Sri Lakshmi Hayagriva Nanganallur	Nanganallur, Chennai – 600061	Focus, Studies, Speech, Mobile Addiction	Any day, 7:00 – 7:15 AM	108 Lamps / Pradakshina, Honey, Notebook	Palavanthangal Station area

Research Source: Abhyudaya Foundation | K. Nanda Kishore Reddy (CEO)

YouTube: <https://youtu.be/oxPQoYfeww0>

Prepared for: temple.ai Knowledge Base

***Disclaimer:** All testimonials and healing accounts are based on devotee experiences and traditional faith. This document is prepared for spiritual guidance purposes only. Abhyudaya Foundation documents devotee testimonials as part of temple heritage research. temple.ai does not make medical or career outcome guarantees.*