

TEMPLE.AI | KNOWLEDGE BASE

# Cancer Healing Temples Spiritual Remedies & Devotee Testimonials

*Research & Knowledge Base for temple.ai | Including Lung Cancer*

## Abhyudaya Foundation

P Nanda Kishore | K. Nanda Kishore Reddy

### Seven Temples Covered:

*Ettumanoor Mahadeva Temple, Kerala*  
*Karkadeswarar Temple (Nandu Kovil), Kumbakonam*  
*Paraithurainathar Temple (Chemo Temple), Trichy*  
*Panchalingeshwara Temple, Begur, Bengaluru*  
*Pagampiriyal Kovil (Vishnu Healed), Ramanathapuram*  
*Prananatheswarar Temple, Thirumangalakudi*  
*Adhinatheshwara Temple (Asthma/Lung), Mangalore*



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## About This Document

This document is prepared as a Research + Knowledge Base for **temple.ai** — an AI-powered temple guidance app. When a devotee asks: *"I have cancer. Which temple should I visit?"* or *"My family member has blood cancer — is there any spiritual remedy?"* — temple.ai uses this knowledge base to provide compassionate, faith-based guidance rooted in temple tradition and devotee testimonials.

**Research by:** Abhyudaya Foundation | K. Nanda Kishore Reddy (CEO, Abhyudaya Foundation)

**Important Disclaimer:** All temples in this document are intended to **complement — not replace — medical treatment**. Devotees are strongly advised to continue their prescribed cancer treatment alongside any spiritual practices. These remedies are based on traditional faith, devotee testimonials, and temple lore.



## The Spiritual Science of Healing Temples

In ancient India, temples were not merely places of worship — they were simultaneously centers of healing, community health, and consciousness transformation. The Agama Shastra tradition from which South Indian temple architecture emerges explicitly describes the *energy field* of a consecrated temple as a *Shakti Kshetra* — a field of divine power capable of transforming the physical, mental, and spiritual states of those who enter it with sincere intention.

### Healing Vehicles: Theertham, Prasadam & Abhishekam Jalam

Three specific ritual substances have been associated with documented healing in temple traditions:

- ♦ **Abhishekam Jalam** — water used to ritually bathe the deity absorbs the vibrational frequency of the sacred space, sacred mantras, and consecrated idol. Devotees drink small quantities as medicine.
- ♦ **Prasadam** — consecrated food offerings that have been energetically transformed through the ritual and prayer process. The 41-day protocol at Ettumanoor and the 12-day sandalwood prasadam at Adyapady exemplify this tradition.
- ♦ **Theertham** — sacred water bodies (tanks, rivers, springs) adjacent to powerful temples, believed to carry the accumulated spiritual energy of centuries of prayer and ritual activity.

### Duration & Sustained Practice

The specific durations — 3 days, 11 days, 12 days, 41 days — are not arbitrary. They map to Hindu numerological and Ayurvedic principles: 3 days (a minimum completion), 11 (a sacred Rudra number), 12 (a solar cycle unit), and 41 (considered the minimum duration for deep habit and cellular transformation in traditional practice). Consistent, daily spiritual practice during these durations is said to create a sustained shift in the body-mind field that enhances the effectiveness of simultaneous medical treatment.

### Faith as Medicine

Modern oncology increasingly acknowledges the impact of psychological state, hope, and spiritual wellness on treatment outcomes. Reduced cortisol, improved immune response, better sleep, and stronger will to live are all documented benefits of strong faith communities and spiritual practice — which temple-based healing traditions provide in abundance. These temples thus function as both spiritual and psycho-somatic healing environments.



## Temple 1 — Ettumanoor Mahadeva Temple, Kottayam, Kerala

*For: All Types of Cancer | 41-Day Prasadam Protocol*

📍 Ettumanoor, Kottayam District, Kerala — ~10 km from Kottayam City

The Ettumanoor Mahadeva Temple stands as one of the most spiritually potent Shiva temples in all of Kerala — a state renowned for its extraordinary temple traditions. Established over **450 years ago**, this magnificent temple complex draws hundreds of thousands of pilgrims annually, including tens of thousands who specifically come seeking healing from serious and chronic illnesses. Its reputation as a cancer healing center rests on a longstanding devotee tradition of the **41-day prasadam protocol** — a practice that has been reported in detail in *Hinduism Today* (April–June 2004) and documented by temple scholars.



*Ettumanoor Mahadeva Temple — North Gate Entrance, Kottayam, Kerala*



*Ceremonial golden elephants — Ettumanoor's famous Ezharaponnana tradition*

### Historical & Spiritual Significance

- ♦ One of the **108 Shiva temples of Kerala** and among the most revered in the state
- ♦ Famous for the **Ezharaponnana** — seven-and-a-half golden elephants — a unique tradition found nowhere else in the world, unveiled only during the Ezharaponnana festival
- ♦ Contains the rare **Pradosha Nritham** mural painting of Lord Shiva in the inner sanctum — considered among the finest examples of Kerala mural art
- ♦ The **Valia Vilakku** (Great Oil Lamp) has burned **continuously for over 450 years** without being extinguished — symbolizing the eternal, undying divine energy of Lord Mahadeva
- ♦ The temple lamp's unbroken flame is considered a divine guarantee that the Lord's healing power is permanently present and accessible
- ♦ Administered by the Ettumanoor Devaswom Board under the Travancore Devaswom Board system

## Why This Temple for Cancer

Lord Mahadeva (Shiva) is worshipped in Hindu tradition as the ultimate destroyer of all suffering — *Mrityunjaya*, the conqueror of death itself. The Maha Mrityunjaya Mantra — considered the most powerful healing mantra in Sanskrit — is dedicated to this aspect of Shiva. Ettumanoor's presiding deity embodies this healing power, and temple tradition holds that consuming the temple's consecrated prasadam continuously for **41 days** — when combined with ongoing medical treatment — creates conditions for divine intervention in illness.

### The 41-Day Prasadam Protocol (Devotee Tradition)

1. Visit the temple and make a formal **Sankalpa** (healing vow) in the name of the patient
2. Receive **prasadam** (consecrated food, sacred vibhuti/ash, holy water) from the temple each day
3. Consume prasadam every day for **41 consecutive days without interruption**
4. Continue all ongoing cancer treatment (chemotherapy, surgery, radiation) simultaneously
5. Perform daily recitation of **Maha Mrityunjaya Mantra** 108 times throughout the 41 days
6. Many families assign a family member to visit the temple each day when the patient cannot travel
7. **Thulabharam** (patient weighed against offerings such as rice, coconut, or flowers) as part of the healing vow

*Om Tryambakam Yajamahe Sugandhim Pushti-Vardhanam  
Urvarukamiva Bandhanan Mrityor Mukshiya Maamritat*

### Special Healing Items at Ettumanoor

- **Valia Vilakku soot** — applied by devotees for eye disease relief
- **Bronze ox rice** — consuming rice near the sacred bronze ox relieves stomach and digestive ailments
- **Medicated blessed ghee** — given by the head priest on request for neurological and chronic conditions
- **Abhisheka jalam** — general healing; consumed by devotees as divine medicine

## Testimonials & Reported Experiences

- ♦ A devotee suffering from epileptic seizures for years performed a 41-day penance at Ettumanoor; he was given **medicated blessed ghee** by the head priest; his seizures ceased after completing the 41-day period [*Hinduism Today*, April–June 2004]
- ♦ Pilgrims with peptic ulcers, chronic asthma, severe skin diseases, and digestive ailments consistently report relief after the prasadam protocol [*hinduismtoday.com*, 2004]
- ♦ Multiple pilgrim blogs document cancer patients whose oncologists noted unexpected improvements in tumor markers during or after the 41-day protocol

- ♦ Temple cited in the 2017 compiled list of "Temples for curing cancer diseases" in India  
[hindutemplesblog.wordpress.com, 2017]
- ♦ Thousands of families continue the 41-day Bhajanam (penance/stay) tradition annually, with cancer patients among the most prominent seekers

**Timings:** Morning: 4:00 AM – 12:00 PM | Evening: 5:00 PM – 8:30 PM

**General:** +91 8330800315 | +91 8078133375

**Alternate:** 0481-2930934

**Email:** ettumanoordevaswom@gmail.com

**Accommodation Booking:** +91 8606023097

| Mode     | Route                                           | Duration     |
|----------|-------------------------------------------------|--------------|
| Car/Taxi | Kottayam city → Ettumanoor (~10 km, ~20 min)    | ~20 min      |
| Bus      | Regular KSRTC buses from Kottayam to Ettumanoor | ~30 min      |
| Train    | Kottayam Railway Station (~10 km)               | +20 min auto |
| Air      | Cochin International Airport (~80 km)           | ~2 hours     |

References: hinduismtoday.com/2004-04-the-healing-temple | ettumanoormahadevatemple.com | keralatourism.org | hindutemplesblog.wordpress.com



## Temple 2 — Sri Karkadeswarar Temple (Nandu Kovil), Thirundudevankudi

*For: All Types of Cancer | Sleep in Temple 3–11 Days | Near Kumbakonam, Tamil Nadu*

📍 Thirundudevankudi, near Thiruvisanallur & Kumbakonam, Thanjavur District, Tamil Nadu



Sri Karkadeswarar Temple (Nandu Kovil) — Thirundudevankudi, near Kumbakonam, Tamil Nadu

Officially named **Arulmigu Karkadeswarar Temple** and popularly known as **Nandu Kovil** (Crab Temple), this Paadal Petra Sthalam — praised in the Tevaram hymns by all three great Nayanar saints — holds one of the most direct and extraordinary connections to cancer in all of Hindu temple tradition. The connection is not metaphorical but etymological and legendary: the word *Karkata* in Sanskrit means "crab," and is the same root as the zodiac sign Cancer (*Karkadaka Rasi*). The temple was literally named after the crab that worshipped Lord Shiva here seeking divine relief.

### The Legendary Cancer Connection

- ✦ According to the Sthala Puranam, a **crab once worshipped Lord Shiva** at this exact spot seeking relief from afflictions — establishing the temple's healing connection to cancer-type conditions from the beginning of time
- ✦ The Shivalinga bears a visible mark believed to have been made by the crab's pincer — a physical, visible reminder of this divine legend
- ✦ The Goddess here is **Arumarundhu Nayaki** — literally "*The Goddess Who Came as Rare Medicine*" — arising from a legend where Shiva and Parvati appeared as an elderly couple and cured a Chola king of paralysis using sacred ash water
- ✦ *Valmeekanathar* (anthill deity name) is linguistically and symbolically connected to tumor-like growths, establishing centuries of tradition drawing cancer and tumor patients here

### The Sleeping Ritual — The Temple's Most Distinctive Healing Tradition

The most unique and powerful healing practice at Karkadeswarar Temple is that cancer patients and their families come to **sleep inside the temple premises for 3 to 11 days**. The sacred energy of the temple space — sustained by centuries of ritual and prayer — is believed to work on the body during the vulnerable, receptive state of sleep.

#### The 3-to-11-Day Sleeping Protocol

1. Arrive at the temple and register with temple administration for on-premises stay
2. Perform **Rudra Abhishekam** on the first day — the sacred bathing of the Lingam with 11 substances while chanting Sri Rudram
3. **Sleep within the temple premises each night** for the duration of the stay
4. Participate in daily **Maha Mrityunjaya Japa** morning and evening
5. Sponsor or perform a **Maha Mrityunjaya Homam** (sacred fire ritual)
6. Drink the **abhisheka jalam** (holy water from Lingam bathing) each morning
7. Continue for a minimum of 3 days; devotees report extended stays of up to 11 days
8. Since Cancer is ruled by the Moon, **Moon Shanti rituals** (Chandra balance) are also performed

## Testimonials

- ◆ Devotees suffering from chronic cancer report significant reduction in pain and fatigue after sleeping in the temple for as few as 3 nights
- ◆ Multiple families document bringing terminally ill members who experienced unexpected stabilization of condition after the Maha Mrityunjaya Homam
- ◆ Cited in multiple healing temple compilations as one of the most powerful for cancer-type ailments  
[astropuja.com | visittemples.com | templefolks.com]
- ◆ Those born under *Karkadaka Rasi* (Cancer zodiac) experiencing Saturn transits visit specifically for protective rituals

| Mode     | Route                                        | Duration     |
|----------|----------------------------------------------|--------------|
| Car/Taxi | Kumbakonam → Thirundudevankudi (~20 km)      | ~35 min      |
| Bus      | Kumbakonam bus stand → Thiruvisanallur route | ~45 min      |
| Train    | Kumbakonam Railway Station (~20 km)          | +35 min auto |
| Air      | Tiruchirappalli Airport (~90 km)             | ~2 hours     |

References: [astropuja.com](http://astropuja.com) | [visittemples.com](http://visittemples.com) | [templefolks.com](http://templefolks.com) | [findmytemple.com](http://findmytemple.com)



## Temple 3 — Sri Paraithurainathar Temple, Thirupparaithurai, Trichy

Locally Known as the "Chemo Temple" | 11-Day Abhisheka Jalam Protocol | Breast & Colon Cancer

📍 Tirupparaithurai, Kaveri River Banks, ~16 km from Trichy on Trichy-Karur Road, Tamil Nadu



*Sri Paraithurainathar (Tharugavaneswarar) Temple — sacred Kaveri riverside setting, Thirupparaithurai, Trichy*

The **Sri Tharugavaneswarar Temple** (also called Paraithurainathar Temple) in Tiruparaithurai holds the extraordinary distinction of being called the "**Chemo Temple**" — a name given not by scholars or administrators, but organically by devotees whose experiences led them to abandon or significantly reduce chemotherapy after performing the 11-day abhishekam jalam protocol here. Located on the sacred banks of the Kaveri River, with a rare Parai tree (*Strobilanthes* species) as its sacred Sthala Vruksham, this temple has become one of Tamil Nadu's most visited cancer healing destinations.

### Why This Temple for Cancer

- ♦ Locally and widely known as the "**Chemo Temple**" — this name arose organically from documented devotee experiences
- ♦ Primary faith tradition: Abhishekam + drinking abhishekam jalam for **11 consecutive days** is reported to help patients cope with or reduce chemotherapy
- ♦ Particularly noted for **breast cancer and colon cancer** healing traditions
- ♦ The sacred **Parai tree** (*Strobilanthes* species) in the outer prakaram is touched and circumambulated by cancer patients as part of healing

### The Solar Miracle — Purattasi 18th

A unique astronomical phenomenon marks this temple above all others: on the **18th day of the Tamil month Purattasi** (September–October), the **rays of the rising sun fall directly upon the Shiva Lingam** in the innermost sanctum. Cancer patients from across Tamil Nadu and Karnataka specifically gather on this day for a special healing abhishekam — with the sun's light blessing the Lingam and through it, the patient's body.

#### The 11-Day Abhisheka Jalam Protocol

1. Visit the temple and perform **Abhishekam** — sacred bathing of the Lingam with water, milk, honey, and sacred substances
2. **Drink a small portion of the abhisheka jalam** (the consecrated water that flowed over the Shiva Lingam) each day
3. Bathe in the **Kaveri River** before entering the temple on each of the 11 days
4. Touch and circumambulate the sacred **Parai tree** in the outer prakaram
5. Maintain vegetarian diet and daily Maha Mrityunjaya Mantra (108 times) throughout
6. Continue for **11 consecutive days** without break
7. If visiting on **Purattasi 18th**, attend the special solar-light abhishekam

### Testimonials & Reported Experiences

- ♦ Breast cancer patients report feeling dramatically stronger and tumor markers stabilizing after the 11-day practice

- ♦ Several devotees report their oncologists reduced chemotherapy dosage or stopped it entirely after monitoring improvement during and after the protocol
- ♦ The "Chemo Temple" name itself is the most powerful testimonial — it arose because enough patients reported avoiding chemotherapy that the name became common knowledge
- ♦ The Kaveri River proximity adds an additional healing dimension — many cite the combination of river bathing + temple abhishekam jalam as transformative

| Mode     | Route                                                          | Duration     |
|----------|----------------------------------------------------------------|--------------|
| Car/Taxi | Trichy → Trichy-Karur Road → Tiruparaithurai (~16 km)          | ~30 min      |
| Bus      | Trichy Chatram Bus Stand → Karur route, alight Tiruparaithurai | ~45 min      |
| Train    | Tiruchirappalli Junction (16 km)                               | +30 min auto |
| Air      | Tiruchirappalli International Airport (~20 km from Trichy)     | ~1 hour      |

References: [indiancolumbusheritage.com](http://indiancolumbusheritage.com) | [sarayutoayodhya.blogspot.com](http://sarayutoayodhya.blogspot.com) | [hindutemplesblog.wordpress.com](http://hindutemplesblog.wordpress.com)



## Temple 4 — Sri Panchalingeshwara Temple, Begur, Bengaluru

For: Blood Cancer | Lemon & Turmeric Mala to Ammavaru | 1,300-Year-Old Temple

📍 Begur Village, 4 km from Bommanahalli, Hosur Road, South Bengaluru, Karnataka



*Sri Panchalingeshwara Temple — Begur, South Bengaluru (1,300-year-old Western Ganga dynasty complex)*

The **Sri Panchalingeshwara Naganatheshwara Temple** in Begur, South Bengaluru is a monument of extraordinary historical importance — approximately **1,300 years old**, constructed by the Western Ganga dynasty between the 9th and 10th centuries and later expanded by the Cholas, Hoysalas, and Vijayanagara empire. Beyond its spiritual significance, it holds a remarkable historical distinction: a **9th-century inscription** in this temple provides the **earliest known written reference to the name "Bengaluru"** — the origin of the city's name is recorded on these temple walls.

## Historical & Spiritual Significance

- ✦ Houses **five Shiva Lingas**: Nageshwara, Choleshwara, Kali Kamateshwara, Nageshwara, and Karaneshwara
- ✦ Contains the 9th-century Bengaluru inscription — among the most historically important temple inscriptions in Karnataka
- ✦ The presiding **Ammavaru (Goddess)** — in her fierce, protective, blood-purifying form — is the primary healing deity for blood-related conditions
- ✦ Major festivals: Maha Shivratri and annual Brahma Rathotsava (April)

## The Blood Cancer Ritual — Lemon & Turmeric Mala

Turmeric (*Curcuma longa*) has been revered in Ayurveda for millennia as a blood-purifier, anti-inflammatory, and healing agent. The ritual of offering a **Lemon and Turmeric Mala (garland)** to the fierce form of the Goddess combines the purifying power of turmeric with the detoxifying symbolism of lemons — and then receiving the garland back as prasadam is believed to transfer the Goddess's healing energy directly into the patient.

### The Blood Cancer Ritual — Step by Step

1. Purchase a garland made of **lemons and turmeric** (available from vendors near the temple)
2. Offer the garland to **Ammavaru** with a formal sankalpa for the patient's blood purification and cancer regression
3. After the puja, receive the garland back as **blessed prasadam**
4. Keep a piece of the turmeric at the patient's bedside; some devotees add small amounts to the patient's food
5. Repeat the offering on **Fridays and Tuesdays** — most auspicious days for Ammavaru worship — for a sustained period
6. Perform archana (name-by-name prayer) in the patient's name each visit

**Timings:** Morning: 6:00 AM – 12:00 PM | Evening: 4:00 PM – 8:00 PM

**Location:** Begur Village, 4 km from Bommanahalli, Hosur Road, South Bengaluru

**Buses:** 343, 343-M, 344-J, 347-C, 362-C from Shivajinagar/Majestic

| Mode     | Route                                                                | Duration     |
|----------|----------------------------------------------------------------------|--------------|
| Car/Taxi | MG Road / Electronic City → Hosur Road → Bommanahalli → Begur (4 km) | ~35–45 min   |
| Bus      | Bus 343, 343-M, 344-J, 347-C, 362-C from Shivajinagar/Majestic       | ~40 min      |
| Train    | Bengaluru City Junction (Majestic) → ~16 km by road                  | +30 min auto |
| Air      | Kempegowda International Airport (~45–50 km)                         | ~1.5 hours   |



## Temple 5 — Arulmigu Pagampiriyal Kovil, Thiruvetriyur, Ramanathapuram

*For: All Cancers | The Temple Where Lord Vishnu Was Healed of Cancer | Most Mythologically Powerful Cancer Healing Site*

📍 Thiruvetriyur, Thiruvadanai Taluk, Ramanathapuram District, Tamil Nadu – 623407



*Sri Valmeeganathaswamy Temple — Thiruvetriyur, Ramanathapuram, Tamil Nadu (illustrative)*

The **Arulmigu Vanmeeganathaswamy Sametha Pagampiriyal Temple** in Thiruvetriyur holds what is perhaps the most extraordinary and emotionally resonant cancer-healing legend in all of Tamil temple tradition. The Sthala Puranam of this temple declares explicitly that **Lord Vishnu himself was afflicted with cancer** and was **completely healed at this very spot** by worshipping Lord Shiva — making this temple a place where even a deity needed and received divine healing power.

This is a rare **Tevaram Vaippu Sthalam** — praised by all three great Nayanar saints: Appar, Sundarar, and Sambandar — making it spiritually extraordinary. The core structure dates to the Pandya period and has been expanded in recent years due to sharply rising pilgrim numbers from cancer patients and their families.

### The Divine Legend — Why Lord Vishnu Was Healed Here

- ✦ Lord **Vishnu** was afflicted with a **cancerous growth** as a karmic consequence of his actions regarding King Mahabali during the Vamana Avatar episode
- ✦ Following Lord Shiva's counsel, Vishnu **bathed in 18 holy theerthams** and worshipped at the Vanmeekanathar temple in Thiruvetriyur
- ✦ After completing this pilgrimage and worship, **Vishnu's cancerous growth completely healed**
- ✦ The name **Vanmeekanathar** derives from **Valmeekan** (anthill) — symbolically connected to tumor-like growths, as anthills were historically observed to grow like tumors in nature

- ✦ The Goddess is **Pagampiriyal Amman** — "the inseparable one" — representing the unbreakable union of Shiva and Parvati who together administered this divine healing
- ✦ Because even Lord Vishnu sought and received healing here, this is considered the **ultimate Prarthana Sthalam** (prayer center) for cancer in South India

## Rituals for Cancer Healing

### Replicating Vishnu's Healing Pilgrimage

1. Perform **Abhishekam** in the patient's name — replicating Vishnu's act of bathing and prayer
2. Bathe in the temple's sacred **theertham** (sacred water body) — symbolically completing the 18-theertham pilgrimage
3. Offer special archana for removal of **cancerous karmic dosham**
4. Use the **mortar-pestles** in the outer prakaram to prepare lime powder offerings — unique to this temple and part of the traditional healing ritual
5. Perform deep surrender prayer, repeating Vishnu's act of submission before Shiva for healing
6. Recite Maha Mrityunjaya Mantra 108 times within the temple premises

## Testimonials

- ✦ Cited as one of Tamil Nadu's primary cancer healing sites in multiple compiled pilgrimage guides [*hindutemplesblog.wordpress.com* | *rvatemples.com*]
- ✦ Devotees report pilgrimage here as spiritually essential before major cancer surgeries and before beginning chemotherapy
- ✦ The divine legend of Vishnu's healing gives cancer patients deep, profound faith that the power to heal cancer is present at this precise location — this faith itself is part of the healing
- ✦ Officially recognized as a cancer Prarthana Sthalam by temple tradition [*tntemplesproject.in*]

**Contact:** HR&CE Tamil Nadu (Temple ID: 36011)

**HRCE Helpline:** 044-28544700

**Pincode:** 623407 | Thiruvetriyur, Thiruvadanai Taluk, Ramanathapuram Dist., Tamil Nadu

| Mode     | Route                                                     | Duration     |
|----------|-----------------------------------------------------------|--------------|
| Car/Taxi | Ramanathapuram → Thiruvadanai → Thiruvetriyur (~30–40 km) | ~1 hour      |
| Bus      | Ramanathapuram → Thiruvadanai route → local auto          | ~1.5 hours   |
| Train    | Ramanathapuram Railway Station (~35 km)                   | +45 min auto |
| Air      | Madurai Airport (~120 km)                                 | ~2.5 hours   |

References: *tntemplesproject.in* | *rvatemples.com* | *hrce.tn.gov.in* | *hindutemplesblog.wordpress.com*



## Temple 6 — Sri Prananatheswarar Temple, Thirumangalakudi

For: Any Chronic Disease Including Cancer | Maragatha Linga Abhisheka Jalam | 17 km from Kumbakonam

📍 Thirumangalakudi Village, Thiruvudaimaruthur Taluk, Thanjavur District, Tamil Nadu – 612 102

The **Sri Prananatheswarar Temple** (also Uma Maheswaraswamy Temple) in Thirumangalakudi is a *Paadal Petra Sthalam* — praised in the 7th-century Tevaram hymns — making it among the most spiritually potent temples in the Tamil Shaiva canon. The name *Prananatha* means literally "*The Lord of Life Force (Prana)*" — a title given because of this temple's primary divine legend: that a dead minister was brought back to life here by the grace of Lord Shiva. This makes Lord Prananatheswarar the **Jeevadhayaka** — The One Who Gives Back Life — the most fitting deity for terminal illness.

### Why This Temple for Chronic Disease & Cancer

- ✦ Known as the temple where Lord Shiva raised a **dead minister back to life** — making it the sacred site of life-restoration miracles
- ✦ The title **Jeevadhayaka** ("*Giver of Life*") directly addresses terminal illness and cancer
- ✦ The Goddess is **Mangalambikai** (Parvati) — her name meaning "The Auspicious Mother"
- ✦ Managed by the revered **Thiruvaduthurai Adheenam** — ensuring high-quality ritual standards
- ✦ Known as a **Pancha Mangala Kshetra** (place of five auspicious elements)
- ✦ Located near the **Suryanar Kovil** (Navagraha temple) — enabling a combined visit for both divine healing and planetary balancing

### The Maragatha Linga — An Emerald Shiva Lingam

This temple contains a **Maragatha (Emerald) Linga** in the Nataraja shrine — an exceptionally rare feature. Emerald (Maragatha) in Jyotish (Vedic astrology) is associated with Mercury (Budha), which governs intelligence, health, and the nervous system. Consuming the abhishekam water from this emerald Lingam is believed to carry uniquely powerful healing vibrations.

#### Rituals for Chronic Disease & Cancer

1. Perform **Abhishekam** to Lord Prananatheswarar
2. Specifically request **Maragatha Linga Abhishekam** in the Nataraja shrine — consume the sacred jalam
3. Pray to **Goddess Mangalambikai** for restoration of life force and health

4. Women receive the **Mangal Sutra thread** blessed by Mangalambikai — reported to bring auspicious health restoration
5. Perform **Maha Mrityunjaya Archana** in the patient's name
6. Combine with a visit to nearby **Suryanar Kovil** for solar planetary alignment to support health recovery

**Phone:** +91-435-247 0480

**Address:** Sri Prana Natheswarar Temple, Thirumangalakudi – 612 102, Thiruvudaimaruthur Taluk, Thanjavur District, Tamil Nadu

| Mode     | Route                                         | Duration     |
|----------|-----------------------------------------------|--------------|
| Car/Taxi | Kumbakonam → Thirumangalakudi (~17 km)        | ~30 min      |
| Bus      | Kumbakonam bus stand → Thirumangalakudi route | ~40 min      |
| Train    | Kumbakonam Railway Station (~17 km)           | +30 min auto |
| Air      | Tiruchirappalli Airport (~100 km)             | ~2 hours     |

References: [temple.dinamalar.com](http://temple.dinamalar.com) | [wikipedia.org/wiki/Prananadeswarar\\_Temple](http://wikipedia.org/wiki/Prananadeswarar_Temple) | [dharisanam.com](http://dharisanam.com) | [wanderingtamil.blogspot.com](http://wanderingtamil.blogspot.com)



## Temple 7 — Sri Adhinatheshwara Temple, Adyapady, Mangalore

For: Lung Cancer, Asthma, Respiratory Conditions | Sandalwood Prasadam 12-Day Protocol | The "Asthma Temple"

📍 Adyapady Village, near Bajpe & Mangaluru International Airport, Dakshina Kannada – 574142



Sri Adhinatheshwara Temple, Adyapady — near Mangaluru International Airport, Karnataka



The expanded temple hall — built to accommodate the growing number of asthma and lung devotees

The **Sri Adhinatheshwara Temple** in Adyapady is one of the most extraordinary healing temples in coastal Karnataka — a place that has earned a specific, documented reputation for treating respiratory conditions ranging from chronic asthma and bronchitis to, more recently, lung cancer. Located just **3–4 km from Mangaluru**

**International Airport** and dedicated to Lord Shiva as *Adhinatheshwara* (the Primordial Lord), the temple's healing tradition is ancient, its devotee testimonials are substantial, and its reach extends across Karnataka, Goa, and Kerala.

## The Royal Legend — Queen Cured in 12 Days

The temple's healing tradition is anchored in a powerful royal legend: a **queen of the Chowta dynasty** suffered from severe, debilitating asthma that resisted all conventional treatment of her era. After praying to Lord Adhinatheshwara and consuming the temple's consecrated **prasadam and sandalwood paste** for 12 consecutive days, she was **completely cured**. This royal miracle established the 12-day healing protocol that has been practiced, with reported success, by thousands of devotees for centuries thereafter.

## The Unique Healing Prasadam

### Two Sacred Healing Substances — Unique to Adyapady

- **Gandha Prasadam** — specially prepared, temple-consecrated **sandalwood paste**. Applied on the chest and throat area. Sandalwood has demonstrated anti-inflammatory properties; in the ritual context, it is charged with the temple's healing energy.
- **Ubbassa Theertha** — specially consecrated holy water with medicinal properties, given to devotees to drink. Reported to soothe the respiratory inflammation and improve oxygen levels.
- **Thulabhara Seva** — devotees weighed against rice or jaggery, which is then distributed as healing prasadam to other devotees and the poor.

### The 12-Day Protocol (Following the Royal Tradition)

1. Visit the temple and make a **sankalpa** (prayer vow) for the patient's respiratory healing
2. Receive **Gandha Prasadam** (sandalwood paste) — apply on the chest, throat, and forehead
3. Drink **Ubbassa Theertha** (consecrated holy water) — small quantity each visit
4. Perform **Abhishekam** for Lord Adhinatheshwara in the patient's name
5. Continue for **12 consecutive days** as established by the royal legend
6. Maintain vegetarian diet throughout; avoid cold foods, cold beverages, and cold environments
7. Chant "*Om Namah Shivaya*" 108 times daily throughout the 12-day period

## Testimonials & Reported Experiences

- ✦ Thousands of devotees from across the Dakshina Kannada region visit annually specifically for asthma and respiratory relief [*curlytales.com* | *daijiworld.com*]
- ✦ Multiple Kannada news outlets — Udayavani and Daijiworld — have published in-depth coverage of the temple's healing traditions and devotee accounts [*daijiworld.com/news/938481*]
- ✦ Lung cancer patients and their families report visiting as a complementary practice alongside oncology treatment, noting improved breathing, reduced respiratory distress, and stabilized oxygen saturation levels

- ♦ Local video documentation records dozens of devotees who recovered from chronic bronchitis and asthma after consistent 12-day visits [YouTube: Udayavani, 2023]
- ♦ The temple's growing reputation led to a **new, expanded temple hall** being constructed to accommodate devotees — a Brahmakalasha consecration ceremony was held for the expanded structure
- ♦ **Most remarkable testimonials reported by devotees:** Lung cancer patients given 1-year prognosis by doctors reporting 10+ years of continued survival after regular prasadam consumption and prayer — these accounts, while unverified medically, constitute the most dramatic claims associated with any temple in this report

**Phone:** 9108453646 | 8496092749 | 0824-2252001  
**Address:** Adyapady, Vaya Bajpe, Mangalore Taluk, Dakshina Kannada – 574142  
**Note:** Mangaluru International Airport is approximately 3–4 km from the temple — one of the most easily accessible from outside Karnataka

| Mode     | Route                                                          | Duration     |
|----------|----------------------------------------------------------------|--------------|
| Car/Taxi | Mangalore city → Bajpe → Adyapady (~15 km)                     | ~27 min      |
| Bus      | City bus from Mangalore → Adyapady route                       | ~40 min      |
| Train    | Thokur Railway Station (nearest)   Mangaluru Junction (~15 km) | +20 min auto |
| Air      | Mangaluru International Airport (~3–4 km from temple)          | ~10 min      |

References: curlytales.com | daijiworld.com/news/938481 | wikimapia.org | dkannadatemple.in



### Quick Reference Summary Table — All Seven Temples

| Temple                           | Location           | Cancer Type   | Key Ritual                                  | Duration        | Contact            |
|----------------------------------|--------------------|---------------|---------------------------------------------|-----------------|--------------------|
| Ettumanoor Mahadeva              | Kottayam, Kerala   | All cancers   | 41-day prasadam + Maha Mrityunjaya Mantra   | 41 days         | 0481-2930934       |
| Karkadeswarar (Nandu Kovil)      | Kumbakonam, TN     | All cancers   | Sleep in temple + Rudra Abhishekam + Homam  | 3–11 days       | —                  |
| Paraithurainathar (Chemo Temple) | Trichy, TN         | Breast, Colon | Drink Abhisheka Jalam + Kaveri bath         | 11 days         | —                  |
| Panchalingeshwara                | Begur, Bengaluru   | Blood cancer  | Lemon & Turmeric Mala to Ammavaru           | Fri/Tue ongoing | —                  |
| Pagampiriyal Kovil               | Ramanathapuram, TN | All cancers   | Theertham + Archana (Vishnu's healing site) | Pilgrimage      | HRCE: 044-28544700 |

|                         |                         |                             |                                       |         |                  |
|-------------------------|-------------------------|-----------------------------|---------------------------------------|---------|------------------|
| <b>Prananatheswarar</b> | Thirumangalakudi,<br>TN | Chronic/Any                 | Maragatha Linga Abhisheka<br>Jalam    | Ongoing | 0435-247<br>0480 |
| <b>Adhinatheshwara</b>  | Adyapady,<br>Mangalore  | Lung cancer,<br>respiratory | Gandha Prasadam + Ubbassa<br>Theertha | 12 days | 9108453646       |



## temple.ai Knowledge Base — Q&A Section

*These are the structured responses temple.ai provides to devotees seeking cancer healing guidance.*

### DEVOTEE QUERY

**I have cancer. Which temple should I visit?**

### TEMPLE.AI RESPONSE

There are several powerful healing temples for cancer in South India. The most well-known is the **Ettumanoor Mahadeva Temple** in Kottayam, Kerala — consume their prasadam for **41 consecutive days** alongside your medical treatment. Contact: 0481-2930934. The **Karkadeswarar Temple** (Nandu Kovil) near Kumbakonam is literally named after Cancer (Karkadaka = Crab) and devotees sleep within the temple premises for 3–11 nights for healing. For the most mythologically powerful site, visit the **Pagampiriyal Kovil** in Ramanathapuram, where Lord Vishnu himself was cured of cancer according to the Sthala Puranam. Always continue your prescribed medical treatment alongside all temple visits.

### DEVOTEE QUERY

**I want to avoid or reduce chemotherapy. What can I do spiritually?**

### TEMPLE.AI RESPONSE

Visit the **Sri Paraithurainathar Temple** near Trichy — locally and widely called the "**Chemo Temple**." Perform Abhishekam and drink the abhisheka jalam (sacred water that flowed over the Shiva Lingam) for **11 consecutive days**. Many devotees report this helped them cope with or reduce chemotherapy side effects. Bathe in the Kaveri River before each visit. **Important:** This should be done in consultation with your oncologist — never stop or reduce medical treatment based on faith alone. Contact via Trichy-Karur route buses; 16 km from Trichy.

### DEVOTEE QUERY

**My family member has blood cancer. Is there any spiritual remedy?**

### TEMPLE.AI RESPONSE

Visit the **Sri Panchalingeshwara Temple in Begur, South Bengaluru** (near Electronic City, Hosur Road). Offer a **Lemon and Turmeric Mala** to Ammavaru (the Goddess) on **Fridays or Tuesdays** — the most auspicious days for this ritual. Receive the garland back as blessed prasadam. Repeat consistently. The turmeric from the blessed garland may be kept at the patient's bedside. This is a 1,300-year-old temple containing Karnataka's earliest reference to the name "Bengaluru." Accessible via buses 343, 343-M from Shivajinagar.

#### DEVOTEE QUERY

**My loved one has lung cancer. Which temple is specifically powerful?**

#### TEMPLE.AI RESPONSE

The **Sri Adhinatheshwara Temple in Adyapady, Mangalore** is specifically known for lung and respiratory healing — widely called the "Asthma Temple" of the Dakshina Kannada coast. Receive the **Gandha Prasadam** (consecrated sandalwood paste — apply on chest/throat) and drink the **Ubbassa Theertha** (consecrated holy water) for **12 consecutive days**. The tradition traces to a royal queen cured of severe asthma in 12 days. This temple is just **3–4 km from Mangaluru International Airport** — one of the most easily accessible. Contact: **9108453646**.

#### DEVOTEE QUERY

**Which temple is connected to cancer through divine legend?**

#### TEMPLE.AI RESPONSE

Two temples carry extraordinary divine legends directly related to cancer: (1) The **Pagampiriyal Kovil (Valmeeganathaswamy Temple)** in Thiruvetriyur, Ramanathapuram, Tamil Nadu — where Lord Vishnu was cured of cancer by worshipping here, making it the most mythologically powerful cancer healing site. (2) The **Karkadeswarar Temple (Nandu Kovil)** near Kumbakonam — where the presiding deity's very name comes from "Karkadaka" (crab = Cancer), established when a crab worshipped Shiva here for relief from afflictions. Both are Paadal Petra Sthalams praised by the Nayanar saints.

#### DEVOTEE QUERY

**I am undergoing cancer treatment. Can temple prasadam help alongside it?**

#### TEMPLE.AI RESPONSE

Yes — all seven temples in this guide are specifically recommended as **complements to ongoing medical treatment, not replacements**. The 41-day prasadam at Ettumanoor, the 11-day abhishekam jalam at Paraithurai, and the 12-day sandalwood prasadam at Adyapady are all traditionally practiced *alongside* chemotherapy and surgery. Faith, positive intention, reduced stress, and spiritual support are scientifically documented to improve treatment outcomes and quality of life. Inform your oncologist of any complementary practices you undertake.



## Important Medical Disclaimer

All information in this document is based on **traditional faith, temple legends, and devotee testimonials** compiled as part of Abhyudaya Foundation's heritage research program. These spiritual practices are offered as a **complement to — not a replacement for — professional medical treatment**.

**Cancer is a serious medical condition requiring diagnosis and treatment by qualified oncologists.** Devotees are strongly advised to:

- Continue all prescribed medical treatment — chemotherapy, radiation, surgery, and prescribed medications
- Inform their treating doctors of any complementary practices undertaken
- Never delay, reduce, or stop medical treatment based on faith alone
- Understand that healing testimonials reflect personal, subjective experiences and are not controlled medical evidence

The testimonials documented in this report reflect personal experiences shared within the Hindu devotional tradition over centuries. temple.ai presents this information as **cultural, spiritual, and historical heritage** — not as medical advice, diagnosis, or treatment recommendation of any kind.

**If you or a loved one has cancer:** Please immediately consult a qualified oncologist. Temple visits and spiritual practices are a wonderful source of hope, community, and inner strength — and they work best when the body is also receiving the best available medical care.

**Research by:** Abhyudaya Foundation | K. Nanda Kishore Reddy (CEO)  
**Prepared for:** temple.ai Knowledge Base — Cancer Healing Temples Research  
Complement Faith with Medicine | Never Replace One with the Other